

Realize

VIRTUAL NATIONAL SUMMIT ON EPISODIC DISABILITIES AND EMPLOYMENT

March 23, 24, 29, 30 2022

TIME 1pm – 3:30pm	Pre-Summit Day Wednesday March 23, 2022 Spotlight on Long-COVID
1pm	Welcome & Land Acknowledgement – Tammy Yates-Rajaduray
1:06pm	Opening – Recorded Remarks from Dr. Teresa Tam, Chief Public Health Officer of Canada Moderator: Gayle Restall, Realize Board Co-Chair
SESSIONS	<ul style="list-style-type: none"> • 1:15pm – 1:30pm: What is Long-COVID – How does it relate to episodic disability? Why is it impacting work? <ul style="list-style-type: none"> ○ Jessica DeMars • 1:30pm – 2:00pm: Living Through the Long Haul: Stories from people living with long-COVID <ul style="list-style-type: none"> ○ Voices of trained Storytellers (Shari Ingalls and Sarah Olson) <p>WELLNESS BREAK: 2:00 – 2:10</p> <ul style="list-style-type: none"> • 2:10pm – 3pm: How Long-COVID is Impacting Work <ul style="list-style-type: none"> ○ Ann Maynard & Caroline Cardozo, Pivotal HR Solutions ○ Michael MacLellan - Employment Lawyer ○ Insurance Company Representative ○ Jessica DeMars – physiotherapist • 3pm – 3:30pm: COVID-19 and Work Research Insights <ul style="list-style-type: none"> ○ Dr. Peter Smith from the Institute for Work and Health ○ Dr. Kocak from Toronto Tech Institute
Participants who attend will learn to: <ul style="list-style-type: none"> • Engage in conversations to determine the workplace accommodation needs of individuals living with long-COVID • Identify how long-COVID is impacting workplaces and employees • Describe the current research on long-COVID and share resources 	

TIME 1pm – 3:30pm	SUMMIT DAY 1 – Focus on Employees Thursday March 24, 2022
1pm	Welcome – Tammy Yates-Rajaduray Land Acknowledgement and Messages – Elder Valerie Nicholson Moderator: Gloria Pickersgill, Realize Speakers' Bureau
1:15pm	Opening – Dr. Saul Cobbing from University of KwaZulu-Natal
SESSIONS	<ul style="list-style-type: none"> • 1:30 – 1:40: Re-cap of the Spotlight Day on Long-COVID <ul style="list-style-type: none"> ○ Shari Ingalls • 1:40 – 2:10pm: Moving from Research to Practice and Policy Change <ul style="list-style-type: none"> ○ Realize: Short Presentation by Elizabeth Racz ○ Dr. Monique Gignac from the Institute for Work and Health ○ Dr. Elisabeth Harrison & Lacey Croft from the Invisibility2Inclusion Project <p>WELLNESS BREAK 2:10 – 2:20pm</p> <ul style="list-style-type: none"> • 2:20pm – 3pm: Self-Employment and Episodic Disabilities <ul style="list-style-type: none"> ○ Kate Welsh ○ Salima Punjani • 3pm – 3:30pm: Highlighting Mental Health <ul style="list-style-type: none"> ○ Mary Ann Baynton
NETWORKING CAFE	<ul style="list-style-type: none"> • 3:30 – 4pm
Participants who attend will learn to: <ul style="list-style-type: none"> • Respond to mental health accommodations for employees • Demonstrate a broad comprehension of the issues faced by self-employed people living with episodic disabilities • Address the gaps that exist in mental health-related supports for employees in the workplace 	

TIME 1pm – 3:30pm	SUMMIT DAY 2 – Focus on Employers Tuesday March 29, 2022
1pm	Welcome – Tammy Yates-Rajaduray
1:15pm	Opening – Giselle Contaste, Realize Speakers' Bureau member Moderator: Realize Board Member
SESSIONS	<ul style="list-style-type: none"> ○ 1:30pm – 2:30pm: Creating a Culture of Accommodation: Creative Responses & Partnerships in Workplace Accommodation (<i>Facilitated by Wendy Porch</i>) <ul style="list-style-type: none"> ○ Rachel Boutin (Statistics Canada) ○ Michael Kimmins (BC Teachers' Federation) ○ Wendy Porch (Centre for Independent Living Toronto) <p>WELLNESS BREAK: 2:30 – 2:40</p> <ul style="list-style-type: none"> ● 2:40pm – 3:30pm: Moving from Research to Practice and Policy Change (pt. 2) <ul style="list-style-type: none"> ○ Dr. Monique Gignac from the Institute for Work and Health ○ Cameron Stockdale & Fergal O'Hagan from Work Wellness Institute ○ Dr. Emile Tompa from Institute for Work and Health & Dr. Rebecca Gewurtz from McMaster U.
<p>Participants who attend will learn to:</p> <ul style="list-style-type: none"> ● Develop creative accommodation responses to enact a culture of accommodation at work ● Understand the research related to workplace accommodation ● Identify best practices for mental health-related workplace accommodation 	
TIME 1pm – 3:30pm	SUMMIT DAY 3 Wednesday March 30, 2022
1pm	Welcome – Melissa Egan Moderator: Tammy Yates-Rajaduray
1:05pm – 1:35pm	Keynote <ul style="list-style-type: none"> ● Jade Pichette from Pride at Work
POSSIBLE SESSIONS	<p>Intersections of Identities in the Lives of People with Episodic Disabilities</p> <ul style="list-style-type: none"> ● 1:35pm – 2:05pm <ul style="list-style-type: none"> ○ Liza Arnason from ASE Community Foundation for Black Canadians with Disabilities ○ Matthew Gallina from the Congress of Aboriginal Peoples ○ Rabia Kedhr from Race and Disability Canada <p>WELLNESS BREAK 2:05 – 2:15pm</p> <ul style="list-style-type: none"> ● 2:15pm – 3:00pm <ul style="list-style-type: none"> ○ Daniel Sands, Realize Board Member ○ Heather McCain, Executive Director, Communities for Accessible Neighbourhoods in BC ○ Don Turner, Community Member and PWLE of HIV ● 3:00 – 3:20: National Action Plan on Episodic Disabilities and Employment Presentation <ul style="list-style-type: none"> ○ Melissa Egan from Realize to present the Action Plan DRAFT ○ Discussion with attendees
3:20-3:30pm Closing – Elder Valerie Nicholson	
<p>Participants who attend will learn to:</p> <ul style="list-style-type: none"> ● Identify the specific issues faced by BIPOC living with episodic disabilities ● Identify the specific issues faced by 2SLGBTQ+ people living with episodic disabilities ● Describe the National Action Plan on Episodic Disabilities and Employment 	