

HIV and Aging WELL:

WE Live & Learn Together

4th Canadian HIV and Aging Symposium

Day 1: Wednesday, October 18th, 2023 from 12:00 pm MT /14:00 ET

In-person location: Health Sciences Centre (HSC) Room 1500, Foothills Campus

Co-hosts: Puja Ahluwalia and Amutha Samgam

Opening

12:00 MT / 14:00 ET

Opening Ceremony and Remarks from Realize and the CIHR CTN

Michael Parsons, Elder/Knowledge Keeper

Tammy Yates-Rajaduray, Realize

Dr. Jacqueline McMillan, CTN Aging RDT/University of Calgary/Southern Alberta HIV Program

Keynote Address

12:20MT/14:20 ET

Assessing Frailty to Sustain Healthy Aging: A Proactive Geriatric Approach in People Living with HIV

Dr. Giovanni Guaraldi, University of Modena and Reggio Emilia, Italy

Theme 1: Optimizing Quality of Life Among People Aging with HIV

13:00 MT / 15:00 ET

Online Tele-Coaching Community-Based Exercise with Adults Aging with HIV: Lessons Learned from a Pilot Implementation Intervention Study

Dr. Kelly O'Brien, University of Toronto

Write Yourself a Coffee Date Prescription: The Importance of Social Connection for Well-Being.

Dr. Shayna Skakoon-Sparling, Toronto Metropolitan University

Community Perspectives on Quality of Life in the Context of HIV and Aging

Audience Questions & Panel Discussion

13:40-13:55 MT (15:40-15:55 ET)

Bio Break until next session

Theme 2: Preventing Comorbidity Among People Aging with HIV

14:00 MT / 16:00 ET

Specific treatments to prevent comorbidity in HIV: a new era

14:00-14:15 MT (16:00-16:15 ET) +5 minutes for questions and discussion

Dr. Madeleine Durand, CHUM

When Less is More: Polypharmacy, Drug Interactions and Adverse Reactions in Older People with HIV

Dr. Alice Tseng, University of Toronto

Audience questions & panel discussion

Closing

14:55 MT / 16:55 ET

Closing Remarks

Co-Hosts- Puja Ahluwalia and Amutha Samgam



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4th Canadian HIV and Aging Symposium

Day 2: Thursday, October 19th, 2023, 12:00 MT / 14:00 ET

In-person location: Cal Wenzel Precision Health (CWPB) Building-formerly Teaching Research and Wellness (TRW)

Room 2E23 (also labelled "Theatre") Foothills Campus

Co-hosts: Jacqueline McMillan and David Donald

Opening

12:00 MT / 14:00 ET Welcome Remarks from Symposium Co-Hosts

Theme 3: Future Care and Support

12:15MT/14:15 ET **The Spectrum of Continuing Care from Home Care to Long-term Care**
Dr. Vivian Ewa, University of Calgary, Alberta Health Services
Kirsten Proceviat, Manager, Community Transition Services, Alberta Health Services

Leading and Learning with Pride – A short introduction to the Tool Kit
Liane MacGregor, City of Toronto

Audience Questions & Panel Discussion

Bio Break until next session

Theme 4: Optimizing Sexuality for Older Persons with HIV- Panel Discussion

13:30 MT / 15:30 ET **Optimizing Sexuality for older persons with HIV-Panel Discussion**
Dr. Elizabeth King, Simon Fraser University
Dr. Tuuli Kukkonen, Guelph University
Community Members

Audience Questions & Panel Discussion

Closing

14:45 MT / 16:45 ET **Closing Remarks from Symposium Co-Hosts**
Co-Hosts: Dr. Jacqueline McMillan and David Donald



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4th Canadian HIV and Aging Symposium

Day 3: Friday, October 20th, 2023, 10:00 MT / 12:00 ET

Entirely virtual

Co-hosts: Kate Murzin and Brenda Gagnier

Opening

10:00 MT / 12:00 ET

Opening Remarks from Realize

Tammy Yates-Rajaduray, Realize

Setting the Stage

10:20 MT / 12:20 ET

Situational Analysis on Ageism in the Canadian HIV, Hepatitis C and STBBI Response and a Global Perspective

Kate Murzin, Realize on behalf of the National Coordinating Committee on HIV and Aging

Facilitators and Barriers to Engaging Older Persons Across the Continuum of Care

11:00 MT / 13:00 ET

Panel Discussion: Meeting the HIV, hepatitis C and STBBI-related needs of older persons

- Prevention
- Testing
- Treatment & Care
- Ongoing support and optimal wellbeing

Dr. Marianne Harris, British Columbia Centre for Excellence in HIV/AIDS

Matthew England, Community Programs Manager, MAX Ottawa

Barbara Michalik, Rekai Centres

Audience Questions

Wellness Break

11:50 MT / 13:50 ET

Fostering Inclusion of Older Persons Across the Continuum of Care

12:00 MT / 14:00 ET

Small Group Facilitated Discussion

Co-Hosts- Puja Ahluwalia and Amutha Samgam

Creating Inclusive Public and Organizational Policy

12:20 MT / 14:20 ET

Large Group Facilitated Discussion

Closing

12:40 MT / 14:40 ET

Closing Remarks

Co-hosts: Kate Murzin and Brenda Gagnier

Michael Parsons, Elder/Knowledge Keeper



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