POSITIVE OUTLOOK

A Needs Assessment of Front-line Care Providers Working With People Living With HIV and Depression

Le-Ann Dolan, CWGHR
Acknowledgements

• Public Health Agency of Canada
• Survey Participants
• Ontario AIDS Network & the Ontario HIV Treatment Network
• CUHRRC & CWGHR
Purpose

To identify capacity building needs of front-line care providers who work with people living with and vulnerable to HIV and show signs of depression.
Methodology

• A needs assessment survey was circulated in May 2011
• On-line via Survey Monkey, both French and English, national in scope
• Promotion of survey via multiple dissemination tools
• Survey was anonymous
• Analyzed using excel
Results

• 430 individuals were contacted

• 80 responded

• 64 completed survey
Results

- Common mental health issues identified by respondents
  - Anxiety (100%)
  - Depression (98%)
  - Addictions (88%)
Results

• Mental health issues identified by respondents differed by size of community

  Smaller Towns
  - Isolation
  - Stigma
  - Lack of services

  All Urban Centres
  - Trauma
  - PTSD
Results

• Priority mental health issues varied by region

  Vancouver & Quebec
  - drug use and addiction  - fatigue
  - homelessness          - poverty

  Toronto, Vancouver & Ottawa
  - immigration             - newcomers
Results

• Provision of mental health services
  - did offer services (48%)
  - did not offer services (40%)

• Services offered included:
  - referrals (78%)
  - one-on-one counselling (75%)
  - informal supports (67%)
  - support groups (54%)
  - peer supports (54%)
Staff Training

• Previous education / training
  - had not received any training (45%)
  - had received training (45%)

• Of those who received training
  - indicated that training was sufficient (49%)
  - indicated that training was not sufficient (31%)
Staff Training – Why Not?

Why have staff not received training on Mental Health and HIV?

- Limited staff time or resources: 60.0%
- Lack of training resources to use/distribute: 57.1%
- Additional knowledge or expertise required: 28.6%
- Not a priority: 20.0%
- No demand: 11.4%
Training Needs

• Workshop:
  - 94% indicated that they would be interested in training/workshops

  “the more information staff have the better our understanding, then the better we can serve our clients.”

  “It’s a complicated issue that we face daily. The opportunity to learn, share and maybe debrief together would help us to feel more supported and confident in our work.”
Positive Outlook

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Or visit
http://www.hivandrehab.ca/EN/information/care_providers/PositiveOutlookWorkingwithHIVDepressionandRehabilitation.htm