

# Realize National Summit on Episodic Disabilities and Employment

March 21 & 22, 2023

## “Centering Mental Health at Work”

### General Resources

Name of Resource	How to Access
Accessible Canada Act (ACA) (2019)	<a href="#">URL</a> <a href="#">PDF</a>
The Dynamics of Disability: Progressive, Recurrent or Fluctuating Limitations (2019)	<a href="#">URL</a> <a href="#">PDF</a>
Realize Episodic Disabilities Resources	<a href="#">Website</a>
BounceBack Program (Canadian Mental Health Program)	<a href="#">Website</a>
Institute for Work and Health	<a href="#">Website</a>
Accommodating and Communicating about Episodic Disabilities (ACED)	<a href="#">Website</a>
Taking Action: Improving the Lives of Canadians Living with Episodic Disabilities (March 2019)	<a href="#">PDF</a>
The Forum by Realize	<a href="#">The Forum Website</a> <a href="#">Workplace Resources</a> <a href="#">Factsheets about Disability Accommodations</a> <a href="#">Employment Resources</a>
Mental Health Works by CMHA	<a href="#">Mental Health Works Website</a> <a href="#">Employer and Employee Resources on Workplace Mental Health</a>
Canadian Council on Rehabilitation and Work (CCRW)	<a href="#">Disability Confidence Resources</a> <a href="#">Job Seeker and Workers with Disabilities Resources</a> <a href="#">Workplace Adjustments and Accommodations</a>
Indigenous Disability Canada (BCANDS)	<a href="#">BCANDS Website</a> <a href="#">Indigenous Organizations (BC and Canada)</a> <a href="#">Health Resources (BC)</a> <a href="#">Inclusive Employment Resources</a>

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**Speaker Resources**

Speaker Name	Affiliation	Resource
Honourable Carolyn Bennett	Minister of Mental Health and Addictions; Associate Minister of Health	
Danielle David	Registered Social Worker and Psychotherapist	<a href="#">Infinite Insights Therapy</a>
Dr. Monique Gignac	Institute for Work and Health	<a href="#">IWH Project Website</a>
Halina (Lin) Haag	Wilfrid Laurier University	<a href="#">Pink Concussions</a>
Alison Grenier	Great Place to Work	<a href="#">Best Practice Hub</a>
Guy Beaudin	RHR International	<a href="#">RHR Resources</a>
Anna-Liza Badaloo	Daylighting Copywriting	<a href="#">Daylighting Copywriting</a>
Harmony Bongat	Creating Accessible Neighbourhoods	<a href="#">CAN Resources</a>
Donovan McKenzie	Heart of a Man	<a href="#">Heart of a Man</a>
Allison Cano	Canadian Mental Health Association (CMHA), BounceBack Program	<a href="#">BounceBack Program</a>
Thomas Egdorf	Education Coordinator, Casey House	<a href="#">Casey House Education</a>
Carter Hammett	Epilepsy Toronto	<a href="#">Employment Services</a>
Kristin Light	Accessibility Advocate	<a href="#">Kristin Light</a>