

- [**Early Entrepreneurship:** Talking about how my disabilities in childhood sparked the start of my entrepreneurial journeys. Why and how and what it leads to.
- **Navigating Disability:** Talking about how my journey with my different disabilities involves constant adaptation and advocacy in a world and workforce that very much overlooks our needs. How does this affect me, what did I learn and shift to make it work. How has that led to self employment.
- **Self-Employment Journey:** Talking about how my self-employment started out of necessity, the things it has taught me, how it offers authenticity and autonomy but brings challenges. What those are, what my experience in that is.
- **Advocating for Inclusivity:** How can we as a collective listen well, and move that towards action. The importance of advocating for a more inclusive world and workforce. How we can do that by valuing and listening to the stories/lived experiences of people with disabilities, and how that can help shape environments where everyone can have an opportunity to thrive and contribute.]