

THE PAN-CANADIAN RESEARCH AGENDA ON HIV, AGING & OLDER ADULTHOOD



THE METHODS

- ✓ We asked Older adults living with HIV
- ✓ People conducting HIV and aging research
- Inventory current research efforts
- What QUESTIONS are being asked & by WHOM?

FROM KNOWLEDGE TO ACTION



The experiences of living with HIV and being an older person are inextricably **INTERTWINED**

Information is lacking and limits our ability to **PLAN** for the **FUTURE**

THE FINDINGS

- ### STRENGTHS
- ✓ Some research underway to assess support needs & potential models of care
 - ✓ Research specific to women aging with HIV
 - ✓ Data from some large cohorts being used to answer aging-related questions
 - Monetary investment in research almost **DOUBLED** in past decade

- ### GAPS
- Heavily **BIASED** toward physical and brain health
 - Little **QUALITATIVE** research
 - Less focus on mental health and social support
 - FEW** studies on **RACIALIZED** older adults living with HIV

What are the **RESEARCH PRIORITIES** in HIV and aging?

COMPLEXITY & CONNECTEDNESS

Need **EVIDENCE** to inform aging care policies that foster identity, community & autonomy

Help me understand what it's like to grow old with HIV

Research should take a **HOLISTIC VIEW** of people's lives as they age with HIV

Move **BEYOND** the bio-medical

PHASE & PHRASE

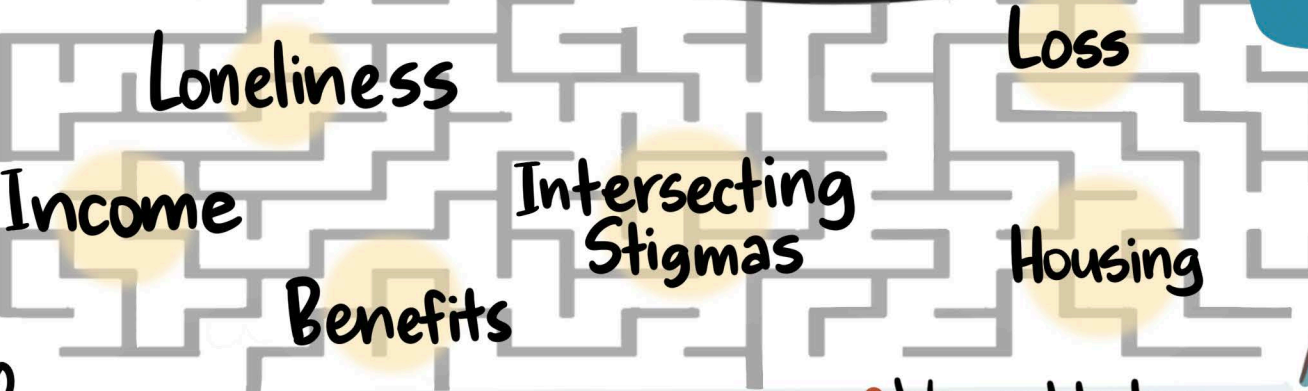
Clearly state both **AGE** and **TIME** living with HIV when defining target populations

Everyone living with HIV is "aging with HIV"

- Research needs to engage participants of
- ✓ Different life stages
 - ✓ Diverse chronological ages
 - ✓ Different lengths of time living with HIV

Focusing research on people aged 50+ **OBSCURES** the needs of older groups

How do we help people NAVIGATE this?



How well do existing models of care meet patient needs?

What does aging well with HIV look like?

We need to know the **GOAL** in order to assess if the **ACTIONS** we take are getting us there

What do they know about HIV and aging?

Who defines it?

Evaluate the **IMPACT** of policies and practices

WHAT'S WORKING



Take an **INTERSECTIONAL** approach to research



Partner with people with **LIVING EXPERTISE**

Nothing about us without us

Use research to amplify the **VOICES** of marginalized communities

Change **HOW** we do research to enable **ALL** to participate

DIVERSE VIEWPOINTS

- Work **WITH** policy and decision-makers across sectors to design and conduct research
- Build research capacity among **COMMUNITY** stakeholders

Conduct research with **ACTION** in mind

- ✓ Inform health decisions
- ✓ Influence policy change
- ✓ Shape programming

MAKING CONNECTIONS FOR CHANGE

Communicate research findings in **PLAIN LANGUAGE** through channels people use